PREVENTION OF ONLINE SEXUAL EXPLOITATION & ABUSE

How to stay safe against Online Sexual Exploitation and Abuse (OSEA)?

Cybersecurity is the process of defending computer systems, networks, and sensitive data from online threats, unauthorized access, theft, destruction, or disruption. It encompasses various strategies and tools, such as encryption, firewalls, and security protocols, to protect information and maintain the privacy, accuracy, and accessibility of digital assets. For young people, it means staying safe online and protecting personal information, as they are frequent targets of cybercriminals.

Young people can ensure safer online experiences by understanding cybersecurity, making informed decisions, and practicing safe online habits to minimize digital risks, including OSEA.

Comprehensive Sexuality Education comes in crucial for youth to develop self-awareness and social consciousness about healthy relationships, sexuality and a holistic approach to sexual health. CSE emphasizes principles like respect, inclusiveness, non-discrimination, equality, empathy, responsibility, and reciprocity. It promotes healthy and good attitudes towards bodies, puberty, relationships, sex, and family life. It aids in the fight against grooming and/or the debunking of myths about gender-based violence.

Online Safety Tips for Young People

Protect Passwords: Keep them secret and strong, and change them if -compromised.

Avoid Strangers: Never meet online strangers in person without a trusted adult.

Friend Requests: Accept only from real-life acquaintances.

Personal Info: Don't share private details or photos online.

Stay Age-Appropriate: Use sites and apps suited to your age.

Verify Links: Avoid suspicious links in emails or messages.

No Illegal Downloads: They may harm your device.

Check Requests: Confirm unusual requests like money from friends.

Beware of phishing: Always verify the source before clicking on links or sharing sensitive information.

Report Issues: Contact authorities if facing grooming or extortion.

If you think you are experiencing OSEA or witnessing someone you know being victim of it, there is a list of contacts that you can call and get support. Scan the QR code and select the country